

**March 7, 2024**

**Power Bowl Menu (FNH 270)**

*Included with your meal:*

Caesar Salad with White Bean Dressing

Banana Pudding, lactose-free, with Chocolate Fudge Cookie

**Pick only one grain:**

- ☐ Brown Rice
- ☐ Israeli Couscous
- ☐ Bulgar
- ☐ Farro
- ☐ Wild Pecan Rice

**Pick only one sauce:**

- ☐ Cilantro Lime
- ☐ Teriyaki
- ☐ Roasted Red Pepper Tahini
- ☐ Mango Habanero
- ☐ Creamy Ricotta

**Pick only one protein:**

- ☐ Smoked Salmon
- ☐ Poached Chicken
- ☐ Roasted Chick Peas

**Pick up to 5 plant options:**

- |  |   |
|--|---|
| <input type="checkbox"/> Pomegranate Arils         | <input type="checkbox"/> Sautéed Mushrooms      |
| <input type="checkbox"/> Fresh Spinach             | <input type="checkbox"/> Roasted Corn           |
| <input type="checkbox"/> Pickled Red Onion         | <input type="checkbox"/> Steamed Carrots        |
| <input type="checkbox"/> Avocado                   | <input type="checkbox"/> Steamed Snow Peas      |
| <input type="checkbox"/> Shredded Brussels Sprouts | <input type="checkbox"/> Tempura Sweet Potatoes |